

You

Good skin care is essential to maintaining an active and healthy lifestyle. Some easy tips to help prevent skin breakdown are:

- Clean skin daily with mild soap
- If person is incontinent, remove soiled clothing and provide skin with thorough cleaning ✓
- If person is immobile or non-ambulatory, assist them in alternating their position frequently ~
- Provide adequate nutrition and hydration, and consider nutritional consult  $\checkmark$
- Check pressure points such as heels and buttocks for signs of redness or irritation
- Apply "as needed" medications and lotions as ordered by the physician ✓

In some cases, skin breakdown can become so severe that a wound or pressure ulcer is formed. In these cases, the physician may suggest that a person visit a wound care center or clinic. The following are a list of wound care centers in your area.

## Armstrong \_\_\_\_\_

The Wound Healing Center-Wound Care Clinic Armstrong Memorial Hospital Kittanning, PA www.healingwounds.com	(724) 543-8536
Armstrong County Memorial Hospital Home Health Services Kittanning, PA	(724) 548-4663
Beaver County	
The Wound Care Center at Ohio Valley Hospital Kenmar Plaza/Pine Hollow Road Kennedy Township, PA	(412) 250-2600 or (800) 788-4747
Heritage Health System-The Beaver Valley Medical Center	(412) 749-7129
Butler County	
Butler Memorial Hospital Wound Care Clinic Bembrook Road Butler, PA	(724) 482-0191
Clarion County	
Center for Wound Care at Clarion Hospital Clarion, PA	(814) 226-1660
Crawford County	
Meadville Medical Center Wound Care Clinic Meadville, PA	(814) 333-5081
Wound Care Clinic at St. Vincent's Hospital 232 W. 25th Street Erie, PA 16544	(814) 452-5000

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## Indiana County\_\_\_\_

Center for Wound Healing Indiana Regional Medical Center Indiana, PA

## Lawrence County

Jameson Hospital	(724) 659-9001,
New Castle, PA	ext. 4633 for wound care department
Ellwood City Hospital	Home Health: (724) 758-2730
Ellwood City, PA 16117	Main hospital number: (724) 752-0081

Home Health Department works specifically with wound healing

# Mercer County \_\_\_\_\_

Sharon Regional Health System Advanced Wound Recovery Center Hermitage, PA	(724) 347-0870
UPMC Horizon Centers for Wound Treatment: (2 locations)	
UPMC Greenville Campus 110 N. Main Street Greenville, PA 16125	(724) 588-2100
UPMC Shenango Valley Campus 2200 Memorial Drive Farrell, PA 16121	(724) 981-3500
Venango County	
Wound Care Center at Surgical Associates Oil City, PA 16301	(814) 676-0848
UPMC Wound Healing Services at UPMC Northwest 6885 U.S. Highway 322 Suite 4 Franklin, PA 16323	(814)-678-6913

# If you believe someone you support requires the services of wound care specialists, please contact the primary care provider.

### **Disclaimer:**

We have compiled the following wound care specialist contacts for each county based upon information gathered from local hospitals, home health agencies and the internet. This list is not exhaustive and there may be other wound care providers in each county that are not mentioned simply because their contact information was not available through the resources reviewed. Under no circumstances is Community Health Connections lending their endorsement to any of the listed contacts. Please consult with the physician regarding referral to a wound care specialist.

For further listings, check your local phone directory under "Nursing" for other home health agencies.

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(724) 357-8127 **Contact Polly Davis**